

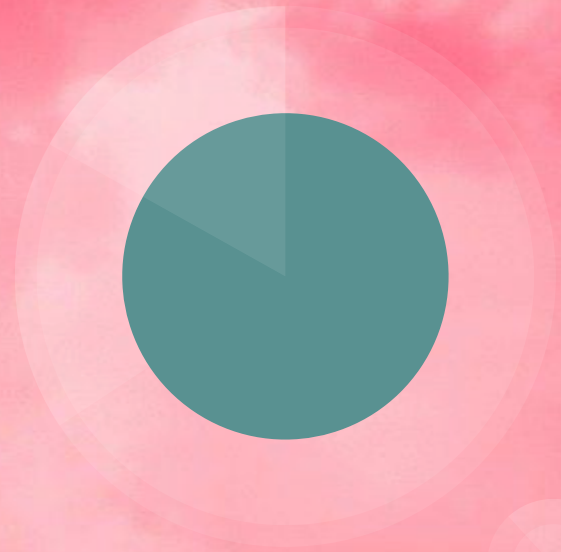


# Shevat Newsletter!

G7 ET 1 & WT

Moussia  
Cohen

**Fun facts**  
**Baking corner**  
**Game page**  
**Interview a teacher**  
**Interview with Chaya Kogan**  
**Rebbe story+questions**  
**Riddles+jokes**  
**Monthly special**  
**Appreciation page!**



## Fun Facts about french fries!!!

In the UK french fries are called chips!!

French fry vending machines are real!!

There is a whole museum dedicated to french fries!

French fries are actually not french!!!

There is at least 15 types of french fries!!

American soldiers in Belgium discovered french fries!!!

# *Candied apples*

**15 candied apples  
should take about 40  
minutes**



you will need

- **15 apples**
- **2 cups white sugar**
- **1 cup light corn syrup**
- **1 ½ cups water**
- **8 drops red food coloring**



### Step 1

Lightly grease cookie sheets. Put craft sticks into whole, stemmed apples.

### Step 2

In a medium saucepan over medium-high heat, combine sugar, corn syrup and water. Heat to 300 to 310 degrees F (149 to 154 degrees C), or until a small amount of syrup dropped into cold water forms hard, brittle threads. Remove from heat and stir in food coloring.

### Step 3

Holding apple by its stick, dip in syrup and remove and turn to coat evenly. Place on prepared sheets to harden.

*Bon appétit*

Rochelle Hurwitz

## What made you decide you want to be a singer?

I grew up in a musical home. My mother, Devorah Hasofer was one of the first religious female singers, and performed all over the world. She was encouraged by the Rebbe to start her music career even though she wasn't very sure about it because it wasn't something that religious women did back then. I saw how many women and girls she inspired through her music and I knew that that's what I also wanted to do. The more I got older, I realized that there was a real need for music that was made by women for women.

## What was your first song?

I released a full album with 11 original songs. I didn't start off with 1 single. I went all the way from the beginning.

## How many siblings do you have?

I have 7 siblings. 2 sisters and 5 brothers.

## When did you start to sing?

Since I remember myself I was singing. It went on to singing in school events, performing with my mother in her concerts, joining a girl's band when I was 19 where we performed 3 times a week all over Israel, and eventually I started to perform by myself and release my own music.





## What's your favorite song you have made?

Every song is special to me in a different way and I feel deeply about it because of the place it came from and the reason why I decided to release it. But I have a special proud connection to my song "Change" since it is the first song that I wrote and composed myself.



## What is your preferred music video? The one you liked the best!

My last music "Am yisrael chai" was the most fun to produce, because it's with back up dancers and I was very proud to show off Israel in it. But B"H I'm proud of all my videos and the messages they bring with them.

## Do you ever get nervous before performing, or did that stage end?

Yes! It used to be a lot worse, but I still get nervous before every concert. I ask hashem to help me, and put the right words in my mouth and inspire the women I'm performing for.

## Do any of your siblings sing besides Rabbi Shneur (DEscribe)?

Most of my siblings are pretty musical and like singing, but no one besides Describe and myself has tried to make a career out of it.

## Who is your favorite singer that you sang with?

with different singers and I feel like each one is very unique in their own way.



## How did you get your name out in the beginning of your career?

I released my first music video very soon after my album was released and I think that helped get it out faster because it was something that was barely being done on a professional level then. But it took a while, these things never happen overnight. The more you create the more your name gets out. Slowly slowly.

## Did you ever take any sort of voice lessons?

I did take voice lessons but not many. I'm mainly self taught, but I'm taking voice lessons now in order to improve even more.

## How do you deal with people not being open with women putting music on youtube and other music platforms?

I believe that every person is entitled to their own opinion and not everyone has to agree with mine. I personally believe that it is needed, and women and girls really benefit from it. According to halacha, if I write on it that it's intended for women and girls only, then it is permitted to be on public platforms. I don't get into debates or try and convince people who don't agree with what I'm doing. It's their right to feel that way. If someone wants to have a respectful conversation about it, I'm always open to talk about it and explain my opinion.

P.S. Get excited for a new song coming out soon

Thank you so much Chaya for your time!





**Rebbe story by bluma and malka charna** I am the daughter of Rabbi Sholom Posner, who for many years operated a yeshivah day school in Pittsburgh. That's where I was raised, and that's where I went to school until age 12, when I was sent to a Bais Yaakov seminary in Williamsburg, Brooklyn. It is from this time that my memories of the Rebbe begin. I and another girl would walk from Williamsburg to Crown Heights to observe the Rebbe's farbrengens. I always waited for the Rebbe to look in my direction as he was passing by, because the Rebbe's smile would light up a room. I had previously accompanied my parents when they went to see the Rebbe about matters dealing with the yeshivah, but my first private audience came in 1960, when I was finishing teacher's seminary and I was trying to decide what to do next. I had four options: to teach at my father's school in Pittsburgh, to accept an offer from a school in New York, to travel to Eretz Yisrael, or to join my sister Bassie in Milan, where she and her husband served as Chabad emissaries. I didn't know what to do, and I made an appointment with the Rebbe to seek his advice. I was very nervous and worried about how I would begin explaining everything. Then my turn came and the door opened. As I walked in, the Rebbe was sitting behind his desk, writing something, and he lifted his head. "Good evening, Miss Posner," he said. I wasn't expecting that, and I just burst out laughing. My nervousness completely left me. The Rebbe asked me lots of questions—why I looked so unwell—and I explained that I was studying very hard for final exams, plus also teaching in another school. So the Rebbe gave me a blessing that I should be successful in all my endeavors. He also told me not to worry about what to do next year, just to take some time off and relax. When the audience was over, I didn't want to leave. It was so good and warm to be in his presence. His kind, fatherly smile reassured me. When I finally walked out, I felt like I was walking on a cloud. At the end of that summer, the Rebbe told my parents that I should go to Milan to help my sister. I was thrilled. At the time only married couples were sent as the Rebbe's emissaries abroad, and I was just a teenage girl, seventeen years old. So this was a very big honor.

I was a little concerned about not knowing the language, but the Rebbe said that it would be okay because I would be working with small children, and language would not be a barrier. I came to Milan and I taught kindergarten. I was working seven days a week, and also trying to learn Italian. After a few months of this, I began to feel quite overwhelmed by the amount of pressure I was under. And so I wrote a long, very emotional letter to the Rebbe about it. I got back a most amazing letter—sent special delivery—some of which I would like to quote here: I received your recent letter and was somewhat taken aback by the tone. . . . You have surely learned in books of *mussar* (ethical works), and especially chassidic teachings, about the tactics of the *yetzer hara*, the evil inclination, to instill a spirit of depression, discouragement and despondency in order to prevent a Jewish person from fulfilling his divine mission. This is exactly what has happened in your case, and I'm surprised that you do not realize it. You surely know of the saying of the Baal Shem Tov that a soul comes down to live on this earth for a period of seventy to eighty years for the sole purpose of doing another Jew a single favor materially or spiritually. In other words, it is worthwhile for a Jewish soul to make that tremendous journey and descend from heaven to earth in order to do something once for one fellow Jew. In your case the journey was only from the USA to Milan, and can in no way be compared with the journey of the soul from heaven to earth. And however pessimistic you might feel, even the *yetzer hara* would have to agree that you have done not only a single favor, but numerous good deeds, and even only your work with the children of the *gan* (kindergarten) would have justified it. . . . Not to mention the fact that your arrival in Milan has undoubtedly considerably encouraged also your sister and brother-in-law, and has inspired other young people on similar missions. As for your mentioning the fact that no one seems to be interested in your work, et cetera, surely you will admit that G-d, whose knowledge and providence extends to everyone individually, knows and is interested in what you are doing . . . and I need hardly mention that I, too, am interested in your work.



If it seems to you that you have been left to carry the ball yourself, it is surely only because there is confidence in you, and that since you have been sent to Milan you undoubtedly have the ability, qualifications and initiative to do your work without outside promptings, et cetera. Since one is only human, it is not unusual to lapse occasionally into a mood of discouragement. But . . . if you do find yourself in such a frame of mind, you should not try to conceal it. . . . For our sages have said when a person has an anxiety he should relate it to others, for getting something off one's chest is in itself already a relief. One should also bear in mind, as the Alter Rebbe has stated most emphatically in the Laws of Learning and Teaching Torah, that a person who is engaged in teaching children should especially take care of his health, since it directly affects the success of the work. I trust therefore that you are looking after yourself in matters of diet and rest, et cetera, and that you will always be in a state of cheerfulness and gladness. Hoping to hear good news from you. With blessing . . . Ever since I got this letter, it has been one of my "rechargers." It's a letter that I read very often and quote from. The Rebbe was so responsive to my feelings. He knew exactly how to speak to me, how to relate to my every emotion, and how to communicate his caring to a young girl. And, of course, it made me feel very, very, very good. THE END.





# Trivia Questions

1 Who was this girl's father?

2 Where did she live until she was 12?

3 Why did she come to the rebbe?

4 Where did her sister live?

# Jokes

1. Today at the bank, a lady asked me to check her balance  
So i pushed her over.

2. Why did it take so long for the pirates to learn the alphabet?  
Because they got stuck at sea!

3. How did the barber win the race?  
He knew the shortcut!

4. Did you know that the 1st french fries werent cooked in france, they were cooked in  
greece!

5. Why did the bike fall over?  
It was two tired

6. Knock knock, whos there? Water. Water who? Water you asking so many questions just  
open the door!



**MOUSSIA  
COHEN**

**SHAYNA  
JOHNSON**

**CHANA  
SILBERBERG**

**MENUCHA  
STERNBERG**

**BLUMA  
REFSON**

**STERNA  
MISHULOVIN**

**MALKA  
CHARNA  
HEIDINGSFELD**

**THANK  
YOU**

**CHAYA  
MUSHKA  
SUSSKIND**

**AHUVA  
MARRUS**

**MUSHKA  
ROSENFELD**

**ROCHEL  
KAPLAN**

**ORA  
YESHAYAHU**

**CHAYA MUSHKA  
SIMMONDS**

**ROCHELLE  
HURWITZ**

**ROCHEL  
GURKOW**